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"Staying Organized" and Scientific Models

If you are an active learner and committed to personal growth, you may find yourself going from feeling organized, to living in chaos, and back to being organized again...then having the cycle repeat itself!

I've talked to many people about this and everytime they are extremely relieved to find out that this is a very normal process. And it stopped driving them nuts!

So why does it have to be this way?

Because when you are actively learning, you are constantly reorganizing and refining your thinking about a subject. And when you do that, your OLD method of organizing things you USE for that subject starts to feel "out of whack" with your NEW way thinking about the subject.

Here's a simple example. When I first started studying internet marketing, I had no clue what any of it was about. I organized all of my books and ebooks by the author's name and this certainly seemed reasonable.

But once I realized that every internet marketing system consisted of four major components - getting traffic, building credibility with my visitors (either through content or testimonials), having a good sales process in place, and then closing the sale - suddenly organizing by author name didn't really make sense.

So, now the way my books and ebooks are organized is driven by the marketing sequence. Books about getting traffic are in the "getting traffic" folder, books about sales copy are in the "sales" folder, etc., etc.

The point is, a new way (and less stressful way) for you to think about 'staying organized' might be to think of keeping your methods of organization in alignment with your current and CONSTANTLY CHANGING understanding of a subject. I've found that once people set up their expectation of what it means to 'stay organized' in this way, they are much less stressed out when things get 'out of whack' and realize that it's a normal part of the learning process.

So what does this have to do with scientific models? It's exactly the same process. Scientific models are just maps of our current understanding of the nature of the universe. And as our understanding of the world gets better, parts of the old model just don't work any more and we have to develop newer, more accurate, and more useful models.

Think of your life like this. You are scientist constantly refining your model of the universe. And as you do so, your old methods of organizing need to be redesigned to match your most current understanding of your world!

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